

## 02 Think about preparation for evacuation!

### A-2 Check the state of your home

Do you have cars? ☐ No ☒ Yes ( **1** ) car(s)

Do you have pets? ☐ No ☒ Yes (Types: **One cat** )

Do you take any medicines regularly?  
☒ No ☐ Yes (Types: )

Is there anyone who needs assistance when evacuating?  
☒ No ☐ Yes (Name(s): )

- To evacuate immediately from a hazardous situation, check the situation of your home/family.
- Write down what to prepare.










|   |  |
|---|--|
| Cars                                      | <ul style="list-style-type: none"> <li>• There are some places where you cannot evacuate by car.</li> <li>• Check the rules of the area where you live.</li> <li>• Fuel up your car and move it somewhere safe before floodwater reaches.</li> <li>• After rivers flood, you may not be able to fuel up your car.</li> </ul> |
| Pets                                      | <ul style="list-style-type: none"> <li>• Check if you can take your pet in "Evacuation Shelter" .</li> <li>• You will need food and a cage for your pet.</li> </ul>  |
| Medicines that you take regularly         | <ul style="list-style-type: none"> <li>• When rivers flood, hospitals may close. Obtain more prescribed medicines.</li> </ul>  |
| Those who need assistance when evacuating | <ul style="list-style-type: none"> <li>• If you need more time to evacuate, please evacuate immediately.</li> </ul>  |

### Column Always stock food and drink. "Rolling stock"

- Buy food which can keep for a long time, and before eating it all, buy new stock.
- Stocking food at home helps when a disaster has occurred or when you evacuate.
- Prepare the emergency supplies you will require, taking into consideration the length of the flooding.

#### Example (one person for 7 days)

- 21 liters of water 
- 6 packs of instant rice 
- 6 packs of instant noodles 
- 9 pouches of retort food 
- 9 cans of food 
- 6 gas cassettes 
- Gas cassette stove 



### What are you taking with you when you evacuate?

- Decide what to take when you evacuate. Take only items that are absolutely necessary.
- In the case that you are at a safe and sturdy house, stock food, drink, etc., considering the time that floodwater remains.




### Examples of items to take with you when evacuating.

#### Let's think!

- What would you take for a three-day trip?
- Think about items that cannot be found in convenience stores (e.g. items for babies, the elderly and allergies).

#### Useful items according to the experience of evacuees

- |   |   |
|---|---|
| • Wallet, medicines (My Medication Record Book)     |  |
| • Residence card, passport                          |   |
| • Personal seal, Individual Number Card, bank cards |   |
| • Children's cherished items (stuffed toys, etc.)   |   |
| • Mobile phones (batteries)                         |   |
| • Car (fueled)                                      |   |
| • Maternal and Child Health Handbook                | • Sanitary items (pads)   |
| • Clothes, shoes                                    | • Tooth brushes, toothpaste, mouthwash  |
| • Food, drink                                       | • Towels, pillows   |
| • Personal computer                                 | • Important documents   |
| • Extension lead                                    | • Dentures, glasses, contact lenses   |
| • Mementos (photos, rings, etc.)                    | • Documents which show what you cannot eat  |

#### Other things to be aware of

- When you evacuate on foot, you cannot carry many things.
- If it is raining during evacuation, you will need a change of clothes.
- Think about what to do with your car.
- Take your children's cherished items.
- Put items to take in a rucksack so that you can evacuate quickly.
- Relief supplies will be delivered to evacuation centers at a later date.

